## 5 MR MARTIN'S REEL

Dancers stand in a tight circle with hands resting on the nearest shoulders of dancers on either side.

Steps Using the ball of the right foot, kick the floor, and then step a pace to the right with the right foot and follow by bringing the left foot to meet the right.
Bars
1-4 The above step is repeated seven times to right then stamp on the left foot and then on right foot.
5-8 Repeat above steps to the left.
9-10 Repeat the above steps to the right again, this time with only three shuffles, and then the 'stamp, stamp' at the end.
11-12 Repeat bars $9-10$ to the left.
13 Repeat the above steps to the right again, this time with only two shuffles and no 'stamp stamp' at the end.
14 Repeat bar 13 to the left.
15-16 Repeat bars 13-14
Repeat as often as wished, with the music gradually getting faster.

## Extra Information

This dance was collected from Mr Hedley Marton of Morval near Looe in 1980 and from Mrs Gwen Masters in Blisland in 1997.

Tune: Duncan Hunkin


